



Top Fruiting Mushroom Kits

First Flush Start Guide

- King Oyster
- Enoki
- Nameko
- Swordbelt / Pioppino
- Scaly Flamecap

What you need

- Mushroom Kit
- Water bottle spray
- Optional Terrarium (see terrarium instructions)
- Pegs or clips

Step 1

Open your Ready-to-grow mushroom kit box and check the label on the bag inside to determine mushroom species.

Step 2

Are you ready to use the Ready to grow Mushroom kit?

If the answer is no, place the kit in a cold fridge (1-5 degrees).

Mushrooms can be kept in fridge for up to 8 weeks.

If the answer is yes move on to Step 3.

Step 3

Take your kit out of the box, place it on the bench and allow air to inflate the bag.
(NOTE: Air is removed during transport to fit in the box).

TIP

Top fruiting mushrooms need high humidity to fruit evenly. We recommend either making a terrarium or fruiting inside the bag as image.



DID YOU KNOW?

Like humans, Mushrooms create Co₂.
The white filter patch allows the Co₂ created to release.
Do not remove.

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Step 4

Approximately 1 inch above the substrate, with a pen punch 4x holes into the bag. The holes allow the Co2 created from the mushrooms to escape from the bag.

Step 5

Cut bag open at top for misting.

Step 5

Mist approximately every 2 days OR if there are no water droplets on the internal plastic walls of the bag. Peg bag closed when not misting. (see image below)

Step 6

Harvest your mushrooms.

When your mushrooms are ready, pick all of them at once and then close the bag up again and wait for another flush to come through.

NOTE:
Harvest your mushrooms BEFORE the edges curl up completely.



Frequently Asked Questions

Where can I keep my mushroom kit?

Keep your kit somewhere humid with enough light to read a book like the bathroom or laundry with the door closed.

Do mushrooms grow in the dark?

Mushrooms need light to grow, similar to reading light. Please do not keep in a dark cupboard as they will grow malnourished from the lack of Vitamin D and may look like something out of a sci-fi thriller.

My block has dried out? What do I do?

After 2-3 flushes your block may need re-hydrating, do this by soaking the block in cold water for 5-12 hours.

What is all of the dust dropping from my fruited block?

These are the spores (seeds). Some people can have allergies toward the spores. We suggest harvesting and consuming pre-spore release. Store them in an area that keeps you safe. For example a terrarium.



How many harvests will a kit produce?

Ready to grow Mushroom Kits can harvest 5-8 flushes depending on their environment and how you look after them. Harvests can vary from approx. 300-800grams per harvest depending on the species.



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