



Side Fruiting Mushroom Kits

First Flush Start Guide

- Oysters - White, Tan, Grey, Pearl, Pink, Yellow, Ulmarius & Pheonix
- Australian Lions Mane
- Australian Coral Tooth
- Turkey Tail
- Australian Reishi

What you need

- Mushroom Kit
- Water bottle spray
- Optional Terrarium (see terrarium instructions)

Step 1

Open your Ready-to-grow mushroom kit box and check the label on the bag inside to determine the mushroom species.

Step 2

Are you ready to use the mushroom kit?

If the answer is no, place the kit in a cold fridge (1-5 degrees).

Mushrooms can be kept in fridge for up to 8 weeks. Please note, Pink mushroom kits need to be used immediately and cannot be stored in the fridge.

If the answer is yes move on to Step 3.

Step 3

Remove mushroom bag from the box and cut out the preferation located on the front of the box (or a square hole approx 2x2inch). Place the bag back in the box.

(NOTE: If your kit has not come in a box please skip this step and move onto step 4).

TIP

The best fruiting location is somewhere humid, (above 70%), with non direct sunlight, fresh air & cool temps within the mushrooms desired range.



DID YOU KNOW?

Like humans, Mushrooms create Co₂.

The white filter patch allows the Co₂ created to release.

Do not remove.

Please tag us in your photos
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Step 4

Using a "clean" sharp knife cut an X through the plastic bag exposing the mushroom substrate, (this is where the mushrooms will fruit from).

Step 6

Mist 1-3 times per day with cooled boiled water or filtered water.
Mushrooms can take 2-6 weeks to fruit.

Step 7

Once your mushrooms appear they grow very fast and will be ready within 5-14 days depending on the temperature. Harvest them all at once, removing any bits of mushroom left on the block. Let the block rest for 1-2 weeks before re-starting. Occasional misting will start the new growth. When new pins form start misting 1-3 times per day

Frequently Asked Questions

Where can I keep my mushroom kit?

Keep your kit somewhere humid with enough light to read a book like the bathroom or laundry with the door closed.

Do mushrooms grow in the dark?

Mushrooms need light to grow, similar to reading light. Please do not keep in a dark cupboard as they will grow malnourished from the lack of Vitamin D and may look like something out of a sci-fi thriller.

My block has dried out? What do I do?

After 2-3 flushes your block may need re-hydrating, do this by soaking the block in cold water for 5-12 hours.

What is all of the dust dropping from my fruited block?

These are the spores (seeds). Some people can have allergies toward the spores. We suggest harvesting and consuming pre-spore release. Store them in an area that keeps you safe. For example a terrarium.

The mushroom block is getting smaller each harvest? What is happening?

The substrate block/log is the mushrooms food & will break down between harvests.

How do I know my Mushroom kit isn't going to bring foreign pathogens into my home?

All of Aussie Mushrooms kits are made in our Class-100 laboratory.
We offer a 'Certificate of Sterilisation' upon request.



How many harvests will a kit produce?

Ready to grow Mushroom Kits can harvest 5-8 flushes depending on their environment and how you look after them. Harvests can vary from approx. 300-800grams per harvest depending on the species.



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